

Academic Readiness	Social and Emotional Development	Physical Development	Language and Communication	Cultural and Creative Expression	Practical Life Skills	Executive Function Skills
<p><b>Pre-literacy Skills:</b></p> <ul style="list-style-type: none"> <li>• Introduction to letters, phonics, and basic sight words through interactive games, songs, and storytelling.</li> <li>• Activities to develop fine motor skills required for writing (e.g., tracing letters, drawing shapes).</li> </ul>	<p><b>Emotional Regulation:</b></p> <ul style="list-style-type: none"> <li>• Teaching children to recognize and express their emotions appropriately.</li> <li>• Strategies for coping with separation anxiety and managing emotions in a classroom setting.</li> </ul>	<p><b>Gross Motor Skills:</b></p> <ul style="list-style-type: none"> <li>• Engaging children in outdoor play and structured physical activities to develop coordination, balance, and strength.</li> <li>• Games and exercises that promote spatial awareness, body control, and overall physical fitness.</li> </ul>	<p><b>Vocabulary Development:</b></p> <ul style="list-style-type: none"> <li>• Expanding children's vocabulary through themed activities, books, and conversations.</li> <li>• Encouraging language-rich environments where children can express themselves verbally and non-verbally.</li> </ul>	<p><b>Exploration of Arts:</b></p> <ul style="list-style-type: none"> <li>• Encouraging creativity through visual arts (e.g., drawing, painting, sculpting) and performing arts (e.g., music, dance).</li> <li>• Exposing children to different cultural traditions, celebrations, and artistic expressions.</li> </ul>	<p><b>Daily Routines</b></p> <ul style="list-style-type: none"> <li>• Establishing routines for arrival, departure, snack time, and transitions between activities.</li> <li>• Introducing basic classroom etiquette and expectations (e.g., raising hand, listening to others)</li> <li>• Self-help skills (e.g. looking after own belongings, going to toilets independently, opening their own lunches)</li> </ul>	<p><b>Planning and Organization:</b></p> <ul style="list-style-type: none"> <li>• Sequencing activities and routines to help children understand time management and task completion.</li> <li>• Encouraging children to set goals, make plans, and reflect on their actions.</li> </ul>
<p><b>Numeracy Skills:</b></p> <ul style="list-style-type: none"> <li>• Counting and number recognition activities using manipulatives and visual aids.</li> <li>• Introduction to basic mathematical concepts such as addition, subtraction, and simple problem-solving.</li> </ul>	<p><b>Social Skills:</b></p> <ul style="list-style-type: none"> <li>• Promoting positive peer interactions through collaborative play and group activities.</li> <li>• Encouraging sharing, turn-taking, and conflict resolution skills through structured play and discussions.</li> </ul>	<p><b>Fine Motor Skills:</b></p> <ul style="list-style-type: none"> <li>• Activities to strengthen hand muscles and improve hand-eye coordination (e.g., threading beads, cutting with scissors).</li> <li>• Fine motor exercises integrated into art, craft, and sensory play activities.</li> </ul>	<p><b>Listening and Speaking Skills:</b></p> <ul style="list-style-type: none"> <li>• Expanding children's vocabulary through themed activities, books, and conversations.</li> <li>• Encouraging language-rich environments where children can express themselves verbally and non-verbally.</li> </ul>	<p><b>Cognitive Stimulation:</b></p> <ul style="list-style-type: none"> <li>• Activities that stimulate imagination, creativity, and innovation (e.g., pretend play, problem-solving games).</li> <li>• Opportunities for children to explore different materials, textures, and sensory experiences.</li> </ul>	<p><b>Health and Safety:</b></p> <ul style="list-style-type: none"> <li>• Educating children about personal hygiene practices (e.g., handwashing, covering mouth when coughing).</li> <li>• Teaching basic safety rules (e.g., crossing the street, fire drills).</li> </ul>	<p><b>Self-Control and Adaptability:</b></p> <ul style="list-style-type: none"> <li>• Teaching strategies for impulse control, patience, and flexible thinking.</li> <li>• Activities that require children to adjust to changes, solve problems, and persevere through challenges.</li> </ul>
<p><b>Cognitive Development:</b></p> <ul style="list-style-type: none"> <li>• Activities to enhance cognitive skills such as memory, attention, and critical thinking.</li> <li>• Opportunities for exploration, experimentation, and discovery through hands-on activities and puzzles.</li> </ul>	<p><b>Building Confidence:</b></p> <ul style="list-style-type: none"> <li>• Celebrating achievements and fostering a growth mindset.</li> <li>• Opportunities for children to make choices, take risks, and learn from mistakes in a supportive environment.</li> </ul>	<div style="text-align: center;"> <p><b>“ A well-planned school readiness program not only prepares preschool children for the academic rigors of primary school but also nurtures their social, emotional, and physical well-being. By focusing on holistic development and fostering a supportive learning environment, this program aims to lay a strong foundation for lifelong learning and success. Through collaboration with parents, educators, and community stakeholders, we can ensure that every child in our care transitions smoothly and confidently into the next phase of their educational journey. ”</b></p> </div>				